

How to play drums – Learning Rhythm

By **Bart Robley**

February 20, 2024 / WikiHow

Do you want to learn how to play drums? It's all about rhythm and technique. First, let's focus on rhythm, which means feeling the beat of the music.

Step 1: You don't need a drum kit yet. Sit down and start drumming using your hands and thighs. Listen to music with clear beats and practice mimicking (1) those beats with your hands. Learning rhythm before getting a drum kit will help you become (2) a better drummer.

Step 2: Learn to count (3) beats in the music. In a song with 4 beats in each measure, count 1, 2, 3, 4. Use one hand to tap out each beat evenly. It's important to count out loud and practice with a metronome, which helps you keep a steady (4) beat.

Step 3: Now, let's learn about eighth notes. Each beat can be divided into two, making eight notes in total. Tap the beat (5) with one hand while saying "1-and-2-and-3-and-4-and..." This helps you understand the rhythm better.

Step 4: Practice using both (6) hands. Keep tapping the eighth notes with one hand while using the other hand to tap on "Two" and "Four." This simulates (7) playing the snare drum in a drum kit.

Step 5: Add in your foot. When you tap "One" or "Three," stomp your foot to represent the bass drum. Now, you're playing a simple (8) rock-style drum beat!

Keep practicing (9) these steps, and soon you'll be ready to move on to more advanced (10) drumming techniques. Have fun drumming!