How to Survive in the Wild

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<u>Surviving (1)</u> in the wild is tough, but with the right knowledge and skills, you can stay safe. Here's a simple guide to help you:

Step 1: Find Water

Water is crucial for survival, so look for <mark>streams, rivers, or lakes</mark>. If you can't find them, <u>collect (2)</u> rainwater or dew. Remember <u>to boil (3)</u> water to make it safe to drink.

Step 2: Make a Shelter

Protection from the weather is important. Find a good spot with <u>natural (4)</u> cover, like under a rock. Use <mark>branches, leaves</mark>, and other things from nature to make a strong shelter that keeps you warm and dry.

Step 3: Get Food

Finding food is hard but <u>necessary (5)</u> for energy. Look for <mark>plants, fruits, nuts, and</mark> <mark>berries</mark> you can eat. <mark>Insects, grubs, and small animals</mark> also have protein you need.

Step 4: Make a Fire

A fire keeps you warm and helps you cook food. Build it in <mark>a <u>safe (6)</u> place away from</mark> <mark>your shelter.</mark> Use <mark>dry (7) sticks</mark> to start the fire. Keep it small and don't leave it <u>alone</u> <u>(8)</u>.

By following these steps and staying <u>calm (9)</u>, you can improve your <u>chances (10)</u> of surviving until help arrives.